

The training will be provided by **Red Cross Training Services** (Registered Training Organisation No. 3605) delivering nationally recognised First Aid Training.

The Provide First Aid course is nationally accredited and will give you the skills and knowledge required to provide First Aid response, and life support and management of casualty(s) in a range of situations, including in the home, workplace or within the community, until the arrival of medical or other assistance.

NB: it is a requirement that practical demonstration of CPR must be performed on the floor.

You will learn –

- Basic Life Support (DRSABCD)
- CPR and AED
- Shock Management
- Airway Management Asthma, Choking, Severe Allergic Reaction, Hyperventilation
- Cardiac Emergencies
- Seizures and Convulsions
- Bleeding and Wound Care
- Burns and Scalds
- Extremes of Heat and Cold
- Musculoskeletal Injuries
- Poisons and Toxic Substances
- Bites and Stings
- Abdominal injuries

Option 1 – **Blended Online Format** – this is suitable for those seeking to gain their Certificate for the first time, or whose Certificate is more than 3 months out of date (an on-line training component to be completed prior to attending the practical course).

Option 2 – Refresher - This is for those needing to renew their current Certificate (just bring your current Certificate on the day).

Assessment on the day

- Theory 40 multiple choice questions, pass mark is 75%
- Practical Resuscitation skills, Casualty management skills

Course inclusions

- First Aid Student Pack
- A4 certificate
- Card 'certificate' (for your wallet or purse)

Fee

Due to financial support through the Parish Risk Management Program, this training cost is \$80.00 per person.

Registration

Registration is required for all courses. To register and arrange payment, please choose the date and location of the course you wish to attend, and call **Red Cross Corporate Services on 1300 367 428 (option 2).** Please advise that you are attending training with the **Anglican Church.**

The Provide First Aid certificate is valid for 3 years.



In 2017 the training will be held at the following venues. Each session runs from **9:00am to 5:00pm**.

The cost for each training session is \$80.00 per person.

• **29 April GORDON** (registration closes 21 April) St John's Anglican Church, 754 Pacific Highway, Gordon

• **13 May NARELLAN** (registration closes 5 May) St Thomas' Anglican Church, 172 Richardson Road, Spring Farm

• **3 June BLACKHEATH** (registration closes 31 May) St Aiden's Anglican Church, Hat Hill Road, Blackheath

• **10 June LALOR PARK** (registration closes 2 June) St Clement's Anglican Church, Freeman Street & Bourke Road, Lalor Park

• 24 June DEE WHY (registration closes 16 June) St John's Anglican Church, Oaks Avenue & Avon Road, Dee Why

• **8 July ASQUITH** (registration closes 30 June) St John's Anglican Church, 6 Royston Parade, Asquith

• **29 July NEUTRAL BAY** (registration closes 21 July) St Augustine's Anglican Church, 75 Shellcove Road, Neutral Bay

- **12 August GERRINGONG** (registration closes 4 August) St George's Anglican Church, Fern Street, Gerringong
- **26 August GRANVILLE** (registration closes 18 August) St Mark's Anglican Church, 39 Jamieson Street, Granville

• **16 September WEST PYMBLE** (registration closes 8 September) St Matthew's Anglican Church, Kendall Street & Eppleston Place, West Pymble

> • **14 October BOWRAL** (registration closes 6 October) St Jude's Anglican Church, Bendooley Street, Bowral

• **25 November SYDNEY** (registration closes 17 November) Red Cross Training Rooms, Level 4 St Andrew's House, Town Hall Square

Please note: numbers are restricted to minimum of 10 and maximum of 22 for each training session

If your preferred training session does not achieve the minimum numbers and is cancelled, you can book in to another session or your payment will be refunded in full.