

First Aid Training 2023

Provide First Aid - HLTAID011

The training will be provided by **Red Cross Training Services** (Registered Training Organisation No. 3605) delivering nationally recognised First Aid Training.

The Provide First Aid course is nationally accredited and will give you the skills and knowledge required to provide First Aid response, and life support and management of casualty(s) in a range of situations, including in the home, workplace or within the community, until the arrival of medical or other assistance.

NB: it is a requirement that practical demonstration of CPR must be performed on the floor.

You will learn -

- Basic Life Support (DRSABCD)
- CPR and AED
- Shock Management
- Airway Management - Asthma, Choking, Severe Allergic Reaction, Hyperventilation
- Cardiac Emergencies
- Seizures and Convulsions
- Bleeding and Wound Care
- Burns and Scalds
- Extremes of Heat and Cold
- Musculoskeletal Injuries
- Poisons and Toxic Substances
- Bites and Stings
- Abdominal injuries

Option 1 - Blended Online Format – this is suitable for those seeking to gain their Certificate for the first time, or whose Certificate is more than 3 months out of date (an on-line training component to be completed prior to attending the practical course).

Option 2 – Refresher – This is for those needing to renew their current Certificate (just bring your current Certificate on the day).

Assessment on the day

- Theory 40 multiple choice questions, pass mark is 75%
- Practical Resuscitation skills, Casualty management skills

Course inclusions

- First Aid Student Pack
- A4 certificate
- Card 'certificate' (for your wallet or purse)

Fee

Due to financial support through the Parish Risk Management Program, this training cost is \$80.00 per person.

Option 3 – CPR Refresher (Provide Cardiopulmonary Resuscitation HLTAID009) – this is suitable for those seeking to renew the CPR component of their First Aid certificate. Cardiopulmonary Resuscitation (CPR) delivers the knowledge and skills necessary to maintain breathing and circulation in an adult, child or infant following cardiac arrest or other emergency.

Course inclusions (based on Australian Resuscitation Council guidelines)

- Legal and other requirements
- Basic Life Support (DRSABCD)
- Cardiopulmonary Resuscitation (CPR) steps
- Demonstration and use of a defibrillator (AED)
- Debriefing and welfare

Fee

Due to financial support through the Parish Risk Management Program, this training cost is \$40.00 per person.

Registration

Registration is required for all courses. To register and arrange payment, please **call Red Cross Corporate Services on 1800 RED CROSS (733 276 (press 3))**. Please advise that you are attending training with **the Anglican Church** and quote promotion code **ANGLICANFABR**.

The Provide First Aid certificate is valid for 3 years.

First Aid Training 2023

Provide First Aid - HLTAID011

In 2023 the training will be held at the following venues. Each session runs from **9:30am to 4:00pm**.

The cost for each training session is \$80.00 per person.

- **1 April STANHOPE** (registration closes 27 March)
Stanhope Anglican Church, 1 View St, Stanhope Gardens
- **6 May CHATSWOOD** (registration closes 1 May)
St Paul's Church, 1-5 View St, Chatswood
- **13 May PYMBLE** (registration closes 8 May)
Pymble Parish, PACE Centre, 4A Merrivale Rd, Pymble
- **20 May WOLLONGONG** (registration closes 13 May)
St Michael's Cathedral, 74 Church St, Wollongong
- **27 May ST GEORGE NORTH** (registration closes 22 May)
St George North Anglican Church, St James' Carlton, Cnr Henry & Percival Sts, Carlton
- **3 June PITT TOWN** (registration closes 29 May)
Pitt Town Anglican Church, 110 Bathurst St, Pitt Town
- **24 June NORWEST** (registration closes 19 June)
Norwest Anglican Church, 19 Chapel Lane, Baulkham Hills
- **29 July BOMADERRY** (registration closes 24 July)
St Stephen's Church, Princes Hwy & West Birriley St, Bomaderry
- **12 August SPRINGWOOD** (registration closes 7 August)
The Factory (Anglican Churches Springwood), 28 Lawson Rd, Springwood
- **21 October SYDNEY** (registration closes 16 October)
Red Cross Training Rooms, Level 3, St Andrews House, Town Hall Square, Sydney

Please note: numbers are restricted to minimum of 10 and maximum of 22 for each training session

If your preferred training session does not achieve the minimum numbers and is cancelled, you can book into another session, or your payment will be refunded in full.

Additional courses can be arranged on request if your parish can guarantee at least 12 participants. Please contact the Parish Support Partner on 9265 1534 for further information.